



# CHICAGO RUN

## 2020-2021 SCHOOL YEAR REPORT

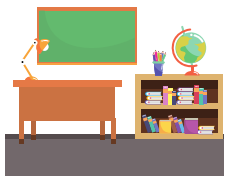
### OVERCOMING OBSTACLES

Since the COVID-19 pandemic began, Chicago Run has continued evolving our programming to meet the needs of our communities. To ensure that children had safe, equitable access to physical activity, most of our programming was delivered remotely during the 2020-21 school year. During the school day, classroom teachers had access to our virtual resources and were provided opportunities for one-on-one activity sessions during e-learning. Our out-of-school program teams continued to practice either virtually or safely in-person. Coaches received weekly e-newsletters with creative ways to keep youth active and engaged as well as activities that focused on social and emotional learning themes. Providing this safe space for our youth to be active, while staying connected to each other and to positive mentors, was incredibly valuable.



**Despite the challenges throughout the year, we were still able to provide our communities with opportunities and resources to help them remain active and connected.**

### DURING-SCHOOL



**340**

classrooms



**5,934**

average exercise  
minutes per classroom



**157**

participants

### OUT-OF-SCHOOL



**16**

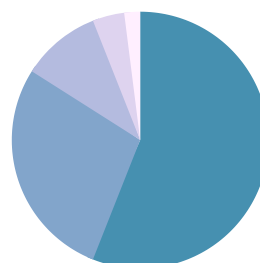
site-based  
teams

**100%**

of teachers surveyed agree that after participating in Chicago Run activities, students:

- had improved behavior in class
- were more on task and engaged during instructional time
- felt an improved sense of health and wellness

### DEMOGRAPHICS



- 57%** Latinx/ Hispanic
- 30%** Black/ African-American
- 6%** White/ Caucasian
- 5%** Asian/ Pacific Islander
- 2%** Other

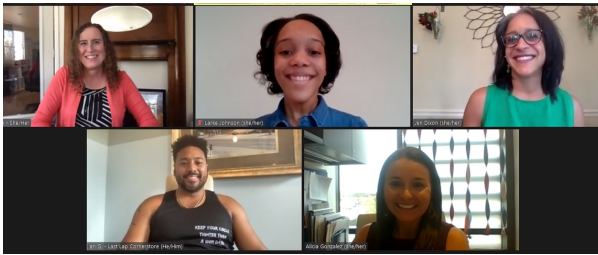


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### VIRTUAL ENGAGEMENT EVENTS

Faced with another spring affected by COVID-19, we hosted our 2nd annual **Chicago Run As One: May Movement Challenge!** We were thrilled that nearly 300 Chicago Run participants, family members, and supporters all joined our month-long community challenge and made a commitment to their own health and well-being.



Additionally, in spring of 2021, we hosted our first ever virtual panel event. **We were joined by four amazing panelists to discuss *Inclusivity in Sport* - they shared their experiences with sport and engaged in a meaningful discussion on the importance of representation, accessibility, and inclusion in physical activity.**

### LOOKING TO THE FUTURE

Since Chicago Run's inception over 13 years ago, the needs of Chicago youth and the landscape in which we operate has evolved. After completing both an internal review and consulting with external partners and stakeholders, we are excited to revisit our operating model in order to have a deeper and more sustained impact - on both individual youth and communities, while remaining rooted in equitable practices.

#### 2008

Chicago Run started with just 2,000 during-school participants

#### 2009

We scaled programming to reach youth age 3-18, adding an out-of-school program option

#### 2012

CPS extended the school day and began mandating daily physical activity through recess and PE

#### 2015

We expanded to more community partners and continued to prioritize social and emotional gains in addition to physical benefits

#### CURRENT

After conducting a strategic assessment we believe we can have a deeper impact through a more community-centric approach

#### FUTURE

This fall, we will begin piloting new program and staffing models to better leverage our core strengths and increase our efficacy

#### With our new approach, Chicago Run hopes to:

1. Pursue deeper impact partnerships with communities
2. Create more pathways for youth to engage in our continuum of programming
3. Maintain equitable access to physical activity by building our technology, content, and resources