



Reflections on 2016-2017 Executive Director, Alicia Gonzalez



Dear Chicago Run Supporters,

This past year was the beginning of a new journey for Chicago Run as we saw an increased demand for our programs from several new groups, including pre-K teachers, high school students, and community-based non-profits. Meanwhile, we also had our biggest participation numbers this year with 17,228 students in 43 Chicago Public Schools, across 28 low-income Chicago communities. The demand is due in large part to the continued massive budget cuts in the Chicago Public Schools for sports programs, increased attention to the importance of physical activity as vital to students' academic performance, and the need for more youth development programs as the violence continues to escalate in many Chicago Run neighborhoods. But while the challenges seemed to grow, we channeled our energy into figuring out how we can better utilize sport for development and health, and delve deeper into our Chicago communities.

The result was the beginning of a new strategic vision, *Chicago Run 2.0*, which will officially launch in the 2016-2017 schoo for peace and violence prevention; building an active foundation for early childcare centers and pre-K classrooms; and program expansion to community centers. *Chicago Run 2.0* also includes two new key programs: *Little Strides*, designed to instill the daily habit of movement in pre-K classrooms [see page 7], and *L.A.C.E. Up!* (Leadership, Action, Community, Endurance), a leadership development program for high school Chicago Run Alumni. Both programs will be piloted in the Fall of 2016 in both schools and community centers.

We invite you to look through our Annual Report, highlighting some of the incredible work that our students, teachers, and families have done to create healthier and safer school environments. Our children and youth inspire us daily and we hope they will inspire you!

Lastly, none of this work would be possible without your unwavering commitment to Chicago Run and to the health of our Chicago children. We are truly grateful for supporters like you who have helped us further our mission and provided us with the resources to expand our health and wellness programs to more children and youth across the city. Thank you for being a part of our journey!

Warmly,

Alicia Gonzalez Executive Director

Alua Logar

Chet Phillips Board Chairman

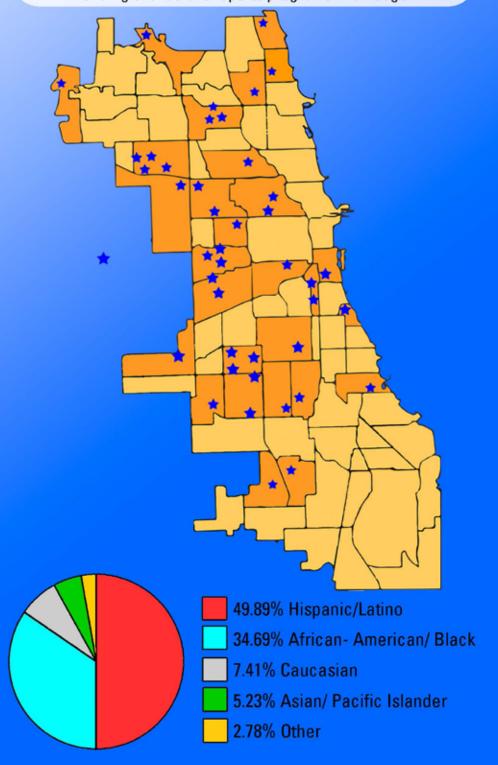
Let Phillips

2016–2017 Chicago Run Schools

Jacob Beidler Elementary Belding Elementary School Lazaro Cardenas Elementary Rachel Carson Elementary Chicago West Side Christian School Christopher House Charter **CICS Bucktown** CICS Irving Park CICS Longwood CICS West Belden Frederic Chopin Elementary Gary Comer College Prep George W. Curtis Elementary Oscar DePriest Elementary Everett M. Dirksen Elementary Nathanael Greene Elementary Haines Elementary School Patrick Henry Elementary Mahalia Jackson Elementary Jordan Community School Joseph Jungman Elementary Leslie Lewis Elementary Henry D. Lloyd Elementary Benjamin Mays Academy Francis McKay Elementary James McPherson Elementary Ronald E. McNair Elementary **Donald Morrill Elementary** John Murphy Elementary National Teachers Academy Dr. Jorge Prieto Academy **Jackie Robinson Elementary** Sidney Sawyer Elementary William Sherman Elementary Elizabeth Sutherland Elementary Enrico Tonti Elementary Mark Twain Elementary James Ward Elementary Laura Ward Elementary **Daniel Wentworth Elementary** Eli Whitney Elementary Wildwood Elementary

CHICAGO RUN

Chicago Run's mission is to promote the health and wellness of Chicago children through innovative, engaging, and sustainable youth running programs. In addition to improving the health of Chicago youth, Chicago Run programs seek to promote positive self-esteem, cross-community collaboration, and social inclusion in a safe place. Over the past 9 years, Chicago Run has experienced significant growth in its programs due to the demand for physical activity programs and the decreased funding available for sports programs in Chicago.





Student Spotlight

In 2016, Martin Garcia joined the Running
Mates team at Eli Whitney Elementary in the
Little Village neighborhood. From the onset,
coaches were quick to observe his leadership
and passion for the program and, while he was
dedicated to improving himself, it was also
clear he had a desire to help his teammates
make strides. Martin could be observed leading
his peers in stretches prior to a practice or 5k
race, as well as cheering them on as they
crossed the finish line. As much as he has given

to Chicago Run, Martin is also appreciative of all that the organization has done for him — "Chicago Run has changed my life in all sorts of ways and I can't thank them enough for everything they have done for me and others as well." Martin is now a freshman at Little Village Lawndale High School where he is a member of both the track and wrestling teams. He is a member of the LACE Up! program and looks forward to his continued involvement with Chicago Run. He is eagerly awaiting the day that he's old enough to run the Bank of America Chicago Marathon.



Principal Spotlight

Aundre Hayes has been affiliated in various capacities with Chicago Run over the years. Initially, Aundre's involvement was as the parent of a Chicago Run program participant. His daughter, Kennedy, then at Sutherland Elementary in the Beverly neighborhood, designed the 2012 Spring Fun Run t-shirt. Aundre was integral in bringing Chicago Run to McKay Elementary in the Chicago Lawn neighborhood, where he currently serves as

a school administrator. "I have seen the difference that the program has made with my students and staff. They are now more active than ever before... Chicago Run does powerful work." This past year, Aundre completed his first ever marathon, running the Bank of America Chicago Marathon as part of Team Chicago Run. "I thank Chicago Run for the opportunity to do something that I had never envisioned myself EVER doing in life. I am now a marathoner, and there is nothing that can ever take this distinction away from me. I look forward to working closely with them for many more years to come."

44 Schools

30 Communities

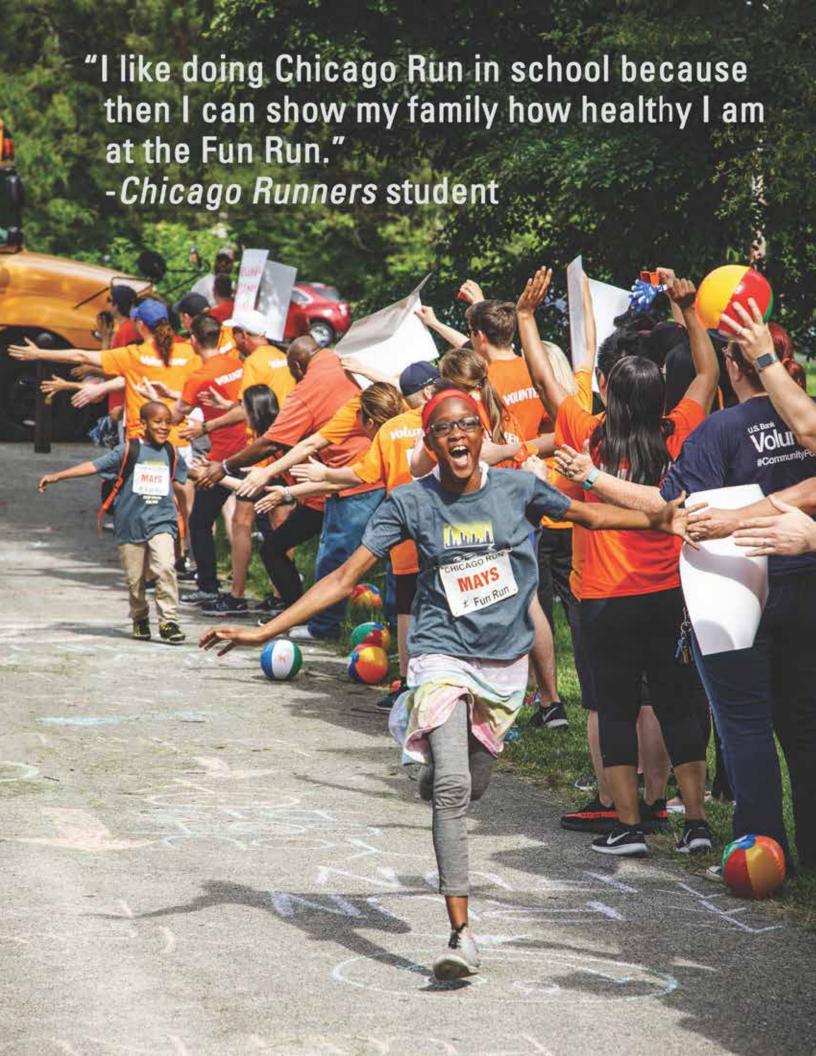
17k+
Students

751k Miles

300+
Volunteers

84%

of participants qualify for free or reduced federal lunch program





Chicago Runners is a school-based program for students grades K-5 designed to instill the daily habit of running and physical activity. Students earn incentives (such as a folder or pencil case) as they reach certain milestones on the virtual marathon website (mychicagorun.org). Twice a year all participants are invited to come together for a 1-mile Fun Run to celebrate fitness, health, and community!

16,188 students

20
new fitness
videos

incentives earned by students,

of which are on CPS Supplies List

591 classrooms

teachers/school staff participants

students, families, & school staff at Spring Fun Run

"Chicago Run has improved students' self esteem and given them the opportunity to get goals and meet them or even exceed them!"

- Chicago Runners school site coordinator



Students from Murphy
Elementary won the Snowflake
Trophy for maintaining physical
activity during the Winter months



A kindergarten class at McPherson Elementary with marathon medals for running 26.2 miles that year



Students at Tonti Elementary participate in their "Olympic Fitness Day"

CHICAGO RUNNING Mates

Running Mates is an after school program that meets three times a week designed to prepare middle school students to run in a local race. The program utilizes running to break down racial and cultural stereotypes by bringing students from different neighborhoods together for training runs, volunteer events, field trips, and local races.

12 schools

313 participants

530 race entries

28.3%

average
increase of
final score on
PACER fitness
test increase
versus the
13.3% national
average*

253k

hours of combined practice time

of participants believe in themselves and feel good about themselves

because of

Running Mates

"My favorite part of the program is watching students reach goals that they didn't know they could reach."

- Running Mates coach



Teammates supporting each other at Eli Whitney Elementary

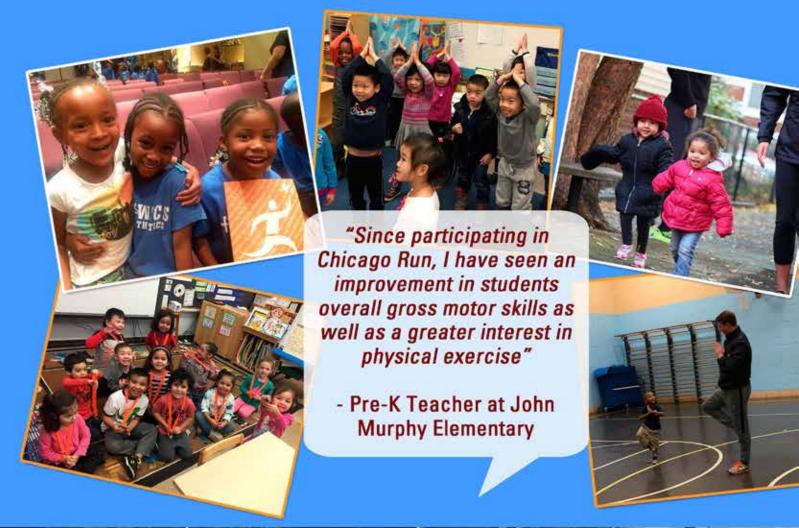


Students came together for their Winter Field Trip, which included Hip Hop Yoga led by Mindful Practices



Students encouraging each other at the end of the 4 Mile Classic race







The LACE Up! program is designed for Chicago Run alumni who were previously involved in Running Mates, and now seek to continue their involvement with Chicago Run during high-

school and beyond. There are four main components to LACE Up!: Leadership; Action; Community; Endurance. During the 2016-2017 school year, LACE Up! students participated in 15 volunteer and running events including gift wrapping for Erie Neighborhood House families, running the Race to Wrigley 5k, and interacting with Chicago architects and a Chicago chef, among other professionals. Through these experiences, these Chicago Run alumni have the opportunity to build leadership, coaching, and professional development skills while demonstrating that they are committed to improving their fitness and their communities.





In the 2016-2017 school year, Chicago Run launched the *Little Strides* Preschool program at Erie Neighborhood House along with 15 other Chicago



Public Schools. The Little Strides program instills the importance of daily physical activity in Early Childhood Classrooms through engaging games and activities that work to develop/improve essential gross motor skills, while also focusing on improving balance and body/spatial awareness. This program curriculum was designed to meet the CPS STARTwell requirements and the GOLD Standard Curriculum. Students in this program work towards participating with their families in a free 1-mile Fun Run/Walk twice a year.





team *** CHICAGO RUN



Members of 2016 Team Chicago Run:

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Marathon Aid Station

Since 2009, Chicago Run has hosted the Mile 20 Aid Station at the Bank of America Chicago Marathon. Over 350 volunteers come out to distribute water, Gatorade, and bananas to runners as they conquer "the wall."



97% of Running Mates students agreed that they felt safe at Chicago Run practices and events.



Evidence shows
that physcial
activity improves
kids' attention
and behavior in
the classroom.!





"When you're
with Chicago Run
it's a possitive
environment, it's
like a family and
it's so cool."
- L.A.C.E. Up!
participant



Chicago Run programs have grown by 750% since 2008.

Allowing children
to be encounter
varying perspectives
helps them develop
a cultured sense
of self and
appreciation of
diversity.²



Exercise includes an important social component that fosters its benefits on mental health.3





"Chicago Run gave our students the vessel to learn and be active which is critical to our school climate." - Chicago Runners site coordinator



100% of Running
Mates coaches
strongly agreed that
the program has a
positive impact on
their students'
physical and
mental well-being.

Exercise and physical activity and reverse the negative effects of stress on the brain.* quote from Alex's source **



92% of
Running Mates
participants feel
healthy, strong,
and physically fit
because of
the program.



THANK YOU, 2016-2017 SUPPORTERS

We are grateful for your support and the difference that it makes for the students, schools, and communities that Chicago Run serves. Donor list reflects contributions made between July 1, 2016 - June 30, 2017

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Little Steps, Big Stars 2017 Gala

Debra Hartfield

Chicago Run's 9th Annual Little Steps, Big Stars gala was held on May 17, 2017 at Galleria Marchetti. 400 guests attended to support Chicago Run's goal to expand their youth-based running programs within Chicago Public Schools and beyond in future years. The highlight of the evening included the presentation of the Go the Distance Awards to Kurt Summers, City Treasurer, and Al Hamood, Chief Financial Officer, on behalf of TransUnion. Students from all four Chicago Run programs, spanning from pre-k through high school, were featured on stage to help demonstrate the growth of the programs. Proceeds from this event allow Chicago Run to continue providing running programs that increase physical activity, build self-esteem, and promote leadership in Chicago Public Schools and community centers. Chicago Run is very grateful for our supporters' investment in the future of Chicago youth and ensuring more students have the opportunity to get to the Start Line!





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Chicago Run 2.0 Strategic Growth Plan

Jeffrey & Michelle Leon

In 2016, Chicago Run released its new strategic growth plan, Chicago Run 2.0. The plan includes expanding programming not just within Chicago Public Schools, but growing additional partnerships with community-based groups, violence prevention centers, and immigrant & refugee organizations. During the 2016-2017 school year, Chicago Run put these steps into action by implementing the Little Strides program in early childhood classrooms at Erie Neighborhood House. Furthermore, Chicago Run piloted the new LACE Up! alumni program, which provides high school alumni with leadership, coaching, professional development, and volunteer opportunities as well as access to fitness & community events. Chicago Run will continue to grow over the next 5 years aiming to nearly double their overall impact and serve 30,000 youth annually.



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Linda Otey Corrinne Palmer Laura Paoachrysanthou P Papachrysanthou Brian Papp Kasharri Parker **Edward Parker** Joseph Pasquinelli Joseph Passi Kathleen Patterson Ingrid Payne Anna Peake Craig Pearlman Gwendolyn Peebles Ada Pema Luis R Pena Melissa Pena **Timothy Pennise** Albert Perez Sylvia Perez Jessica Perez Allison Perlman Maria Perrucci Cathy Peterca Steven Peters John Peterson Cheryl Pheal Stephane Phifer Juanita Phillips Thomas Pickett Crystal Pierce Gabrielle Pike James Pillars Jeff Pine Dionne Pitt Amy Plagenza Alex & Alissa Plungis Milda Podelskyte Alison Popky Lee Powell **Emily Powers** Katie & Tim Pratt Hannah Press Jennifer Pride Joshua Prudowsky Rosey Puloka Allison Quinones Jacqueline Quinonez-Nunez Jessika Ralph Maria Ramirez Eric Ramsey Kirtee Raparia Jennifer Reed

Darcey Regan Omar Reid David Renne Mike Resman Natasha Richards River Road Asset Management, LLC. Steven Rivera Charles Roberts Leslie Robertson Jenkins Leslie Robinson **Enrique Robles** Fabiola Robles

David Rodriguez Jessica Rodriguez Amanda Rodriguez Cara Rodriguez Otto Rodriguez Tracy Rogers Celena Roldan Angelica Romano Bernadette Rose Catherine Rose Daniel Rose Oliver Rose Shawna Rose Marc Rosenberg Todd & Betsy Rosenthal Elisa Rosman MaryJo Rosso Elizabeth Rothschild Etsuko Rucker Rebecca Rudman Grace Rumford Jennifer Runde Barney & Brigid Rupp Jessica Rush **Daniel Sachs** Ali Sahebi Luis Salazar Farzaneh A. Sandescu Margaret Sankey **Emily Sant** Jennifer Saperstein Raeanne Sarazen Nick Sargent Jim Sarkhosh Sarah Schaubroeck Amanda Schlagenhauf Amanda Schmid Matthew Schmidt Gerald Schneberger Keli Schneberger David Schneberger Val Schoonover Myriam Schroeter Kathi Schrover Eric Schuemer Allison Schultz Jason Schultz Alexander Schwartz Susan Schwartz Sydney Schwartz Trent Scovell Amir Seirafi Michelle Sevig Andrew Shackelford Linda Shafer Francine Shalin Sorme Shamloo Anita Shankar Logan Shanks Marzi Sharfaei Joseph Sheehan Kathy Sheehan Kristy Sheehan

Danielle Shelby

Brian Sher

Jonah Shifrin

Troy Shildan

Tim & Cyndee Shirk

Thomas Shouler Kristin Sidney Jill Siegel Lija Siliunas Mary Lou Simon Michael Simon Sarah Skinner Thomas Smaron Olga Smentek **Emanuel Smith** Eric Smith Mark Smith Katelyn Smith Gina Smith Paula Smith Perry Smith Thomas Smithburg Antonia Soccio Erin Soccio Ruth Soccio Maya Solis Georgette & Thomas Sorrentino Angela Sorrentino Shannon Sos Barret Spangler Cheryl Spataro Julie Speck Andrea Spitz Holly Spurlock Kenneth Stalkfleet Tricia Stamatakos Mary Stanton Kim Steckler Sharon Stein Kimberly Stewart Jessie Stewart Paula Stewart Jordan Stinson Nicole Stolte Maggie Strome Richard & Siu Wai Stroshane Jamie Struck Cecylia Strumilowska Sarav Subramani Jeannie Sullivan Susan Sullivan Jessica & Ayesha Sundram Colleen Surgit Colin Sutker Eric Svenson Nicholas Tan

Stephanie Tarallo

Alexandra Taskier

Madeline Taskier

Margarita Tavakoli

Tawani Enterprises

Audrey Tatar

Clint Taylor

Judy Taylor

Daniel Taylor

Bradford Terry

Donna Teyema

Latanda Terry-Graves

Dina Tarter

Julie VanEenenaam Alex Varlet Parva Vaziri Juan Vazquez Ruiz Linda Vickerd Peggy Vogel Arnold & Cheryl Walker Stephanie Walker Steve Walters Lumay Wang Cale Wardell Richard Warehime David Warnick Lissa Warshaw Leigh Waterman Phillip Watson Elizabeth Wazwaz Patricia Weaver Jeffrey Webb Meredith Weber Allison Weiner **Emily Weisbard** Catharine Welytok Peter West Jean West-Watanabe Rachel Wexler Mary White Kara White **Emily Whitmer** Rich Whitney Jason Widen Peter Wiggins Sarah Wille LaVonna Williams Megan Williams Shirley Williams Cherie Willis Tenisha Wilson Dezmond Taylor-Douglas Andrew Wineburgh **Phil Wirties** Jessica Wollney Eric Wood

Tracey Thiele

Brittney Thomas

Andrea Torgerson

Suzanne Tournillon

Susan Thomas

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Martin Torres

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Mario Treto

Bertha Trujillo

Matthew Tully

Tanya Turner

Mathew Tyson

Sonia Urbina

Edison Urena

Stephen Urman

Program*

Elizabeth Valentine

Frank Valadez

Julain Valencia

US Bank Matching Gift

Kate Urman

Ravindra Umarji

Haley Underwood

Kyra Tyler

Rebecca Trachsel

Sheila Wordell Alex Wright Daniel Wu Julie Wunning Stephanie Wunning Lyn Wyman Leah Yablonka Kristen Yagley Jessica Yavitz Maura York Jill Zager Ruth Zalewski Jaclyn Zamora Sarah Zampardo Ryan Zampardo Dana Zimmer Julianne Zolciak Carly Zwiebel

In-Kind Donations

Abt Electronics Adler Planetarium Adrenaline Sports Management AIR Aerial Fitness The Art of Shaving At Pluto, Ltd. Athleta Southport Barry's Bootcamp Benefit Boutique Bin 36 Boka Restaurant Group Bucktown CrossFit Bucktown Pub Cara David Design Cards Against Humanity Chicago Bears Chicago Bulls Chicago CryoSpa Chicago Cubs Chicago Shakespeare Theater Chicago SUP Chicago Zoological Society Chill Chicago Chop Shop Club Colors Corepower Yoga Cortland's Garage The Dailey Method Douglas J Aveda Institute of Chicago East Bank Club Equinox Escape Artistry Farmhouse Chicago First Ascent Avondale Fitness Formula Clubs Fleet Feet Sports Flywheel Sports Leonard Gail Grand Geneva Resort &

Spa

Griffith Parc

IVme

Hyatt Hotels Corporation

InterContinental Chicago

Lettuce Entertain You Entreprises, Inc Links Taproom Loews Hotel Chicago LondonHouse Chicago Lynfred Winery MacRostie Winery & Vineyards Magnolia Bakery Midtown Athletic Club Museum of Contemporary Museum of Science & Industry Nacional 27 Orangetheory Fitness Piece Pizzeria Pure Barre Bucktown Pure Barre Old Town Renaissance Chicago O'Hare Suites Revamp Nails & Spa Rockit Ranch Productions Ronero Chicago Rosebud Restaurants Gary Rozier **RPM Italian** The Second City Shaw's Crab House Linda & Brian Singer Soul Cycle SoulCycle Old Town Stanley's Kitchen & Tap Stan's Donuts Stella Barra Pizzeria Steppenwolf Theatre Company Sullivan's Steakhouse TimeLine Theatre Company Title Boxing Club -Lincoln Park Trunk Club The T-Shirt Deli, Co. Tsubo Salon Universal Sole **Urban Oasis** Vienna Beef Whiskey Business Windy City Rollers Wines for Humanity XSport Fitness Yogaview Zanies Comedy Night Club

JP Morgan Chase

Kendra Scott

Koval Distillery

Maureen Larson

Les Turner ALS Foundation

Knife

Kelly Cardenas Salon

* Denotes matching gift

2016-2017 FINANCIAL STATEMENTS

as of June 30, 2017 and 2016	2017	2016
Current Assets	\$924,915	\$798,465
Property and Equipment, Net	\$ 47,540	\$ 62,538
Contributions Receivable, Net Current Position	\$ 5,000	\$ 5,000
Total Assets	\$977,455	\$866,003

Current Liabilities	\$ 27,996	\$ 28,997
Total Net Assets	\$949,459	\$837,006
Total Liabilities and Net Assets	C077 ASS	\$866,003

STATEMENT OF ACTIVITIES

for the years ended June 30, 2017 and 2016

STATEMENT OF FINANCIAL POSITION

PUBLIC SUPPORT AND REVENUE	2017	2016
Individual Contributions	\$116,658	\$151,791
Foundation and Corporation Contributions	\$594,053	\$513,611
In-kind Donations	\$ 36,980	\$ 30,676
Donated Facilities	\$ 50,000	\$ 50,000
Net Revenues from Special Events	\$186,636	\$178,957
Program Fees	\$ 56,919	\$ 71,550
Miscellaneous	\$ 290	\$ 595
Total Public Support and Revenue	\$1,041,536	\$997,180
FUNCTIONAL EXPENSES		
Program Services	\$700,582	\$684,063
Program Services Management and General Expenses	\$700,582 \$ 69,889	\$684,063 \$ 73,984
Program Services Management and General Expenses Fundraising		
Management and General Expenses	\$ 69,889	\$ 73,984
Management and General Expenses Fundraising Total Expenses	\$ 69,889 \$158,612 \$929,083	\$ 73,984 \$178,928 \$936,975
Management and General Expenses Fundraising Total Expenses Change in Net Assets	\$ 69,889 \$158,612 \$929,083 \$112,453	\$ 73,984 \$178,928 \$936,975 \$ 60,205
Management and General Expenses Fundraising Total Expenses	\$ 69,889 \$158,612 \$929,083	\$ 73,984 \$178,928 \$936,975

These financial statements were abstracted from the organization's June 30, 2017 financial statements, which were audited by Desmond & Ahern Ltd.

Because the information does not include all the disclosures required by accounting principles generally accepted in the United States of America, it does not purport to present the Organization's financial conditions or results of operations.



CHICAGO RUN STAFF

Alicia Gonzalez, **Executive Director** Rashada Anderson Casey Fennell Ryan Greguske Crystal Hassinger Colleen Hentschel Alex Landberg Kim Lutz Erin McIntosh Debra Michaels Patrick Miller Lauren Shirk

BOARD OF DIRECTORS Chet Phillips, President Holly Amatangelo **Gabriel Cummings** Cindy Hamilton Kelly Lowry Marie Trzupek Lynch Chris Muniz Kimberlie Pearlman Jim Pieper Colleen Sullivan **Brian Swanson** Bryan Traubert, Co-Founder & Chairman Emeritus Matthew Wangard

NEXT GENERATION BOARD

Jeff Darragh, President Erica Acosta Ashley Adler Chris Ashbee Erik Bangia Alison Bulkley Sarah Callaway Lauren Clare Kim Connor **Brian Davidoff** Joshua Garson Bill German Taylor Horton Hugo Jacobo Michael Kantowski Allison Laz Eric Lomonaco Kyra Marcano Mary Mardis Alyssa Mielke Mimi Moylan **Brad Mroz**

Jason Parish Lauren Pierce

Laura Prusik

Laura Sampson Jared Scharen

Justin Westfall

Megan Young Aynsley Zappa

Rachel Zechiel

Chika Yoshinaga







List reflects current Staff and Board Members at time of print