

September 19, 2019

CHICAGO RUN NEWS



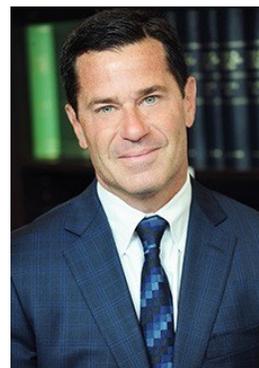
2019 CHICAGO SPORTS SUMMIT

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On Wednesday, October 2nd, sports industry experts from Chicago and around the country will discuss topical issues in sports at the 4th annual Chicago Sports Summit, hosted by Midwest Orthopaedics at Rush, the team physicians for the Chicago White Sox, Chicago Bulls, Chicago Fire, and Joffrey Ballet. In addition to providing a compelling program, the Summit raises funds for the Chicago Sports Summit Foundation, an organization supporting Chicago-area youth through partnerships with local organizations sharing the same vision. Chicago Run, Girls in the Game, and Big Green are all this year's beneficiary organizations, and will receive a portion of all proceeds. We are excited to be participating and invite you to learn more and attend.

Learn more about the program and purchase tickets at www.chicagosportssummit.com.

We connected with founder Dr. Brian Cole (photo, right) about the impetus behind launching the Foundation, and the future of sports medicine.



- What prompted you to launch the Chicago Sports Summit?

As sports medicine physicians at Midwest Orthopaedics at Rush here in Chicago, we are fortunate to have great relationships with athletes of all levels (professional, college, high school and even elementary school), coaches, sports agents and other professionals involved in the care of some of the top athletes locally and from across the country. I'm also a Chicago resident and dad to three great kids. My wife and I have loved raising our kids in this city and thankfully have had the resources to provide them with activities and sports that have helped them develop and choose healthy behaviors. For years, I've wanted to create an opportunity where the people I practice with (my partners) and the wonderful people we know and treat in sports, business and healthcare work together to benefit our youth in Chicago who don't have opportunities to learn and remain active in a safe environment.

- How does Chicago Run's work align with the Foundation's mission?

We have been very impressed with Chicago Run and its mission to encourage and develop children and young adults through running. It's exactly the type of organization our city's youth so badly needs and we are thrilled to support it.

[You can read the full interview on our blog here.](#)

El Grito 5k Recap

On Sunday, September 8th, Summer Strides participants ran the El Grito 5k, bringing another successful summer of Chicago Run programs to a close. The race preceded the Mexican Independence Day Parade, running along 26th Street in Little Village.

[Click here to see photos from the event.](#)



Upcoming Events



Pumpkins in the Park 5k

Lincoln Park (1650 N Stockton Dr.)

Saturday, October 19, 2019 • 4pm - 5pm

Running Mates participants will train for 8 weeks this Fall to prepare for their first race of the school year. Volunteer as a running buddy or cheerleader to help them cross the finish line at this Halloween themed race.

If you are interested in volunteering at this event please email james@chicagorun.org.



Fall Fun Run

Washington Park (4700 Russell Dr.)

Saturday, October 26, 2019 • 8am - 11am

Our 1 mile **Fun Runs** are celebratory events held twice a year that showcase the hard work of 18,000 Chicago Run children and youth and their commitment to health and wellness. Volunteers help hand out healthy snacks, water, and finisher ribbons and most importantly, cheer on our students.

If you are interested in volunteering at this event please email veronica@chicagorun.org.

Quote Corner

I became a Junior Coach because... "I wanted to help other participants discover the joy and benefits of running. I have thoroughly enjoyed being a coach because I remember how I always liked having a coach who seemed more like a friend and I was able to do that. It has felt great encouraging others to cross the finishing line at a race as well."

- Chicago Run Junior Coach

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