

March 21, 2019

CHICAGO RUN NEWS



Check out what's happening at Chicago Run!

Dear Chicago Run Family,

From being the only girl on my local basketball team in 6th grade, to inching towards a 5 minute-mile in track practice (never quite made it!), to summiting my first 2,000 ft peak this past summer – sports have been an incredibly meaningful part of my life. Sports participation enabled me to build community and develop self-esteem, and has been a major outlet at the times in my life when I've experienced significant stress or depression.

Through our fitness and physical literacy programming, Chicago Run enables 18,000 children and young people – regardless of identity, ability, or neighborhood – to engage in meaningful sports programming.

Celeste Pedroza is one of the incredible young women who make Chicago Run great. She has been involved with our programs since she was in 4th grade. Now a sophomore in high school, and one of our summer junior coaches, she serves as a leader and mentor to many of her younger peers. Want to hear more of Celeste's story? She will be featured in the video shown at our [11th Annual Little Steps, Big Stars](#) gala. (See a sneak peak photo below and get your ticket today!)

In honor of Women's History Month, please see the articles below to learn more about influential moments in women's sports history and the gender barriers that still exist in the field.

With gratitude,



Danya Rosen, Executive Director



Celeste filming her interview for the video being featured at [Little Steps, Big Stars 2019](#) - join us to hear her story!



Danya Rosen soccer photo at age 9

Articles about Women's History Month:

[Slideshow: Influential Women And Moments In Sports History](#)

[When will women's teams get equal buzz?](#)

[40% of Women in Sport Industry Face Gender Discrimination](#)

[The Gender Equality Debate; A Boost for Women in Sport](#)

Chicago Run in the News:

[AustinTalks featured a story about Chicago Run and our long-time participant, Derrick Norman](#)



Tickets on sale!!

11th Annual Little Steps, Big Stars Gala

Friday, May 3, 2019 • 7 - 11pm

Galleria Marchetti (825 W. Erie St.)

Chicago Run invites you to join us and celebrate 11 years of innovative youth running programs and give cheers to our young participants who strive to strengthen their bodies, minds, and communities!

Our annual fundraising event, *Little Steps, Big Stars*, is a lively evening cocktail reception featuring dancing, heavy hors d'oeuvres, signature cocktails, a silent auction, and brief speaking program.

Early bird tickets on sale now!

In honor of International Women's Day on March 8th, Nike donated 100 sports bras for our female *Running Mates* participants! At Chicago Run, we believe that everyone has the right to a healthy body and mind - regardless of gender, race, age, neighborhood, or athletic ability. Nothing should hold you back from being great because girls are #MadeToPlay!



Nike On Your Mark Event



On Tuesday, March 5th, students from the *Running Mates* & *LACE Up* programs came together to participate in an innovative & engaging running workshop at On Your Mark Training in East Garfield Park. Trainers from On Your Mark and Nike led our group through a series of circuits that focused on how accessible exercise can be in confined spaces. All participants had a blast checking out the new facility, interacting with one another, and even got to take home a pair of Nike shoes. Thanks so much to the team at Nike and On Your Mark for offering such an amazing experience to our youth.

Join Team Chicago Run - Run with us in 2019!



Three upcoming race options,
three distances:

- **Strides for Peace 5k** - June 6
- **Chicago Half Marathon** - Sept 29
- **Bank of America Chicago Marathon** - Oct 13



Support Chicago Run and gain exclusive running perks including entry into some of Chicago's top races!

Email casey@chicagorun.org for more information about how you can join Team Chicago Run today!

Want to join the Chicago Run team?

We're looking for people to join our staff and help us implement high-quality youth running programs for thousands of Chicago youth.

- Development Manager
- Up2Us Half-Time Coach

[Please see the full job descriptions here.](#)

Visit our website

Donate

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Chicago Run

3611 N Kedzie, Chicago, IL, 60618 • www.chicagorun.org • info@chicagorun.org