



CHICAGO RUN

2019-2020 SCHOOL YEAR REPORT

AN UNPRECEDENTED YEAR

The 2019-2020 school year presented unique challenges and significant school closures due to the Chicago Teachers Union strike in fall of 2019 and the COVID-19 pandemic in spring of 2020. These challenges resulted in low attendance at our fall events, pivoting to virtual programming in the spring, and a lack of opportunity to administer post program surveys. Therefore, we were unable to collect as much data about our program outcomes as we anticipated this school year. Despite these challenges, we are excited to share the ways our team responded to these challenges and the impact we were still able to have on our youth.

34



diverse Chicagoland neighborhoods

16,000



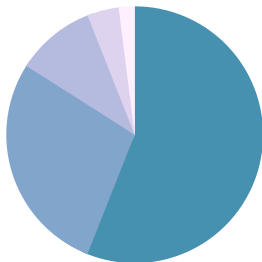
participants Pre-K - 12th grade

53

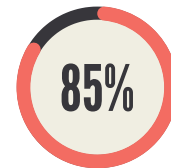


partner schools and sites

DEMOGRAPHICS



- 56% Latinx
- 28% African-American/ Black
- 10% Caucasian/ White
- 4% Asian/ Pacific Islander
- 2% Other

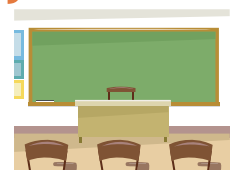


85% of participants are from low-income households

SCHOOL DAY PROGRAMS

The **Little Strides** and **Chicago Runners** programs provided youth from Pre-K through 5th grade with equitable access to high-quality physical activity programming to promote physical well-being and improve concentration in the classroom. Chicago Run staff support classrooms throughout the school year with in-person visits and support materials including games and activities.

15,000+ youth



660 classrooms

AFTER SCHOOL PROGRAMS

The **Running Mates** program is designed for middle and high school age youth and utilizes running and physical activity, along with social and emotional learning principles, to help young people work towards completing a local 5k race. This program also develops teamwork, promotes goal-setting, and builds relationships with positive mentors in a safe and inclusive environment.

500+ participants



20 teams



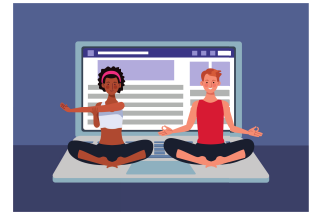
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VIRTUAL PROGRAMS

Starting immediately upon COVID-19 school closures, Chicago Run pivoted to virtual programming aimed at providing youth and families with resources to help them remain healthy and active during these challenging times. Chicago Run provided 16 weeks of free daily physical activity resources through live-stream videos and physical activity challenges on our website and social media pages. We also created a deeper touch virtual program, providing over 200 participants with a curriculum that focused on progressively increasing physical fitness with daily social and emotional activities. These activities were designed for youth and families to participate in safely at home and with no equipment. As we look forward, we are continuing to learn best practices for virtual programming and elevate youth voices to inform program design to be as impactful as possible in the current climate.



“They forget about all this stuff when we’re doing exercise... they go to a different world.”

- Maria Ochoa, mother of three boys who participated in our spring virtual program

SUMMER PROGRAM

The *Summer Strides* program is designed to bring community members together to prepare for a local 5K race while learning about teamwork, commitment, and perseverance. In the summer of 2019, Chicago Run served intergenerational families in Oakley Square Apartments, campers at McCormick Elementary, and middle and high school youth in the Little Village and Belmont Cragin communities. Participants enjoyed weekly excursions to local forest preserves, interactions with peers from Saudi Arabia, and ending the season celebrating Mexican Independence Day by running the El Grito 5K in the Pilsen neighborhood.

CHICAGO RUN AS ONE

During May 2020, amid country-wide stay-at-home orders, **Chicago Run facilitated a virtual community challenge to keep our community moving and bring people together in a new and meaningful way.** Nearly 200 of our supporters joined the challenge, pledged a distance/movement goal for the month, and posted their progress online as they worked towards that goal. Collectively, our network moved over 12,000 miles and raised \$13,000 to support our programming.

OTHER NUMBERS

5

participants employed as Junior Coaches during the summer

16

participants at Lawrence Hall, an agency serving abused and neglected youth

32

participants in the Juvenile Temporary Detention Center program

4

partnerships with external evaluation experts to better measure and drive impact