

August 18, 2017

# CHICAGO RUN NEWS



Check out what's happening at Chicago Run!

## World Chicago Partnership

This summer, participants from Chicago Run's Little Village Summer Program have had the unique opportunity to interact with participants from the [WorldChicago](#) London Exchange Program & Iraqi Youth Leadership Program. Students from Iraq were welcomed to the Little Village community in late July to participate in team-building activities & engage in thoughtful dialogue. Both groups were able to bond over their similarities and differences, leading these youth leaders to break down cross-cultural barriers and unite together to foster positive relationships. Later in the Summer, participants from Little Village traveled to Millennium Park to meet with youth leaders from London. The groups engaged in creative & thoughtful discussion built around a core theme of unity. Chicago Run leaders even taught the UK students some of their warm-up exercises. The experiences with both of these groups have been invaluable to our youth leaders and central to the Chicago Run mission of promoting cross-community relationships.



Chicago Run's Summer Program participants are practicing all summer for the Lung Run 5k on August 27. Email Ryan at [ryan@chicagorun.org](mailto:ryan@chicagorun.org) for more info!



## Summer Social: Team Challenge & Happy Hour Recap

On **Thursday August 10, 2017** over 120 Chicago Run supporters got together for the 4th Annual Next Generation Board Summer Social! This years event included a **Team Challenge** (short distance relays, fitness activities, and trivia) on [The 606](#). Afterwards, teams celebrated with a **Happy Hour** at [Whiskey Business](#) in Wicker Park.

We are so grateful to our [Next Generation Board](#) for hosting this great event that raised over \$6,000 towards Chicago Run programs!  
Can't wait for next year!

[Click here](#) to see photos of the event!



## Chicago Run in Oaxaca

This summer our Executive Director, Alicia Gonzalez, visited her mother for her annual trip to Oaxaca, Mexico (a state in the southwestern part of the country). However, this year it was very special as her mother started a basketball program for the children and youth in her small village of Tlalixtac. Alicia's mother, a former Latin American History professor at UIC and University of Maryland, has always led an active and healthy lifestyle. (At 75 years old she still hikes and swims daily.) However, she noticed that many of the children in her village were not active and rarely had an opportunity to participate in sports programs. Thus, she found a local coach that would train children and youth ages 5 – 15 years old in the art of basketball three times a week. She also wanted Alicia to come down and train the 20+ kids in running drills and running games that the coach and the kids could incorporate into their daily practices. Alicia led practices for the week and the children loved the new games they learned.

Let's just say Chicago Run has now gone international – OAXACA RUN!

## Welcome Crystal to the Chicago Run Team!



Crystal HASSINGER

Crystal joined the Chicago Run team earlier this summer as our new Program Director. We are so excited to have her on our team!

[Click here](#) to learn a little more about Crystal.

## Another way to support Chicago Run!



### [Runn Chicago: Charity Relay Race](#)

On August 27, [Runn Chicago](#) (located at 1448 W. Willow St) is hosting a Relay Charity race to support Chicago Run! 4 teammates will try to run as far as they can on one treadmill for 2 hours. Chicago Run will receive \$5 for each mile run!

[Click the image to sign up now!](#)

## Chicago Run Quote:

*"Running makes me feel that if I can run 3 miles and I thought it was impossible, then anything is possible." - Running Mates Program Participant*

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## Chicago Run

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